

Week 1, week commencing 17<sup>th</sup> April, 1<sup>st</sup> May, 15<sup>th</sup>, 29<sup>th</sup>, 12<sup>th</sup> June, 26<sup>th</sup>, 10<sup>th</sup> July, 24<sup>th</sup>, 7<sup>th</sup> August, 22<sup>nd</sup>

|                   | Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|-------------------|---|---|---|---|---|
| <b>Breakfast</b>  | Weetabix, Rice Crispies, Cheerios, Shreddies. Can have fruit and toast.           | Weetabix, Rice Crispies, Cheerios, Shreddies. Can have fruit and toast. | Weetabix, Rice Crispies, Cheerios, Shreddies. Can have fruit and toast.         | Weetabix, Rice Crispies, Cheerios, Shreddies. Can have fruit and toast. | Weetabix, Rice Crispies, Cheerios, Shreddies. Can have fruit and toast.   |
| <b>Snack</b>      | English muffin with marmite, butter or cheese. Milk or water.                     | Oranges and grapes. Milk or water.                                      | Rice cakes with cream cheese, sliced tomatoes. Milk or water.                   | Banana and apple. Milk or water.  | Pepper, cucumber, breadsticks with hummus or cream cheese. Milk or water. |
| <b>Lunch</b>      | Sliced chicken, grated cheese, new potatoes and salad.                            | Cod, salmon and haddock potato topped pie, peas.                        | Turkey meatballs in a homemade tomato sauce, rice, broccoli and carrots.        | Chicken stir fry, peppers, sugar snap peas and noodles.                 | Homemade cheese and tomato pizzas and salad.                              |
| <b>Vegetarian</b> | Quorn slices, grated cheese, new potatoes and salad.                              | Baked bean potato topped pie with cheese, peas.                         | Quorn Swedish meatballs in a homemade tomato sauce, rice, broccoli and carrots. | Quorn meat free stir fry, peppers and sugar snap peas.                  | Same as above.  |
| <b>Pudding</b>    | Fromage fraise.   | Fruit salad.  | Vanilla sponge and chocolate custard.   | Fromage fraise.   | Homemade ice lollies.   |
| <b>Tea</b>        | Warm fusilli pasta, homemade tomato sauce, grated cheese, oranges. Milk or water. | Marmite or jam sandwiches, cupcake. Mango and apple. Milk or water.     | Butternut squash soup with pitta bread. Apples and bananas. Milk or water.      | Beans on toast, pineapple and grapes. Milk or water.                    | Chicken or cheese sandwiches, sliced cucumber, yoghurt. Milk or water.    |

Week 2, week commencing 24<sup>th</sup> April, 8<sup>th</sup> May, 22<sup>nd</sup>, 5<sup>th</sup> June, 19<sup>th</sup>, 3<sup>rd</sup> July,  
17<sup>th</sup>, 31<sup>st</sup>, 14<sup>th</sup> August, 28<sup>th</sup>

|                   | Monday   | Tuesday   | Wednesday   | Thursday  | Friday  |
|-------------------|--|---|---|---|---|
| <b>Breakfast</b>  | Weetabix, Rice Crispies, Cheerios, Shreddies. Can have fruit and toast.                | Weetabix, Rice Crispies, Cheerios, Shreddies. Can have fruit and toast. | Weetabix, Rice Crispies, Cheerios, Shreddies. Can have fruit and toast.             | Weetabix, Rice Crispies, Cheerios, Shreddies. Can have fruit and toast. | Weetabix, Rice Crispies, Cheerios, Shreddies. Can have fruit and toast. |
| <b>Snack</b>      | Rice cakes with cream cheese, sliced tomatoes and cucumber. Milk or water.             | Oranges and grapes. Milk or water.                                      | English muffin with marmite, butter or cheese. Milk or water.                       | Pepper, cucumber, breadsticks with hummus. Milk or water.               | Banana and strawberries. Milk or water.                                 |
| <b>Lunch</b>      | Fish fingers, mashed white and sweet potato, peas and baked beans.                     | Shepherd's pie with broccoli and cauliflower.                           | Chicken korma, rice, naan bread and sweetcorn.                                      | Roast chicken, roast potatoes, mixed veg and gravy.                     | Lamb spaghetti bolognaise, sliced tomato and cucumber.                  |
| <b>Vegetarian</b> | Quorn meat free fishless fingers, mashed white and sweet potato, peas and baked beans. | Quorn mince pie with broccoli and cauliflower.                          | Vegetable curry, naan bread and sweetcorn.  | Quorn chicken steaks, roast potatoes, mixed veg and gravy.              | Bean bolognaise, sliced tomato and cucumber.                            |
| <b>Pudding</b>    | Fromage fraise.  | Homemade chocolate chip cookie and melon.                               | Fruit salad.  | Fromage fraise.   | Stewed apple and ice cream.   |
| <b>Tea</b>        | Chicken or cheese sandwiches, oranges and grapes. Milk or water.                       | Pasta, cheese, cucumber and apple. Milk or water.                       | Buttered bread with a choice of spreads. Dried raisins and apricots. Milk or water. | Macaroni cheese and apple. Milk or water.                               | Scrambled egg on toast. Apple and raisins. Milk or water.               |